

September 2017

Auburn High School Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know...

The name September comes from the Latin septem for seven, since this was the seventh month of the Roman calendar.

4

NO SCHOOL

Tornado

Chicken/Noodles/Breadstick
Hamburger
Carrot Sticks
Tator Tots
Orange Slices
Mixed Fruit

5

French Toast Sticks

Egg Rolls(2)
Thai Chicken
Wild Rice(#8)
Peppers/Tomatoes
Mixed Vegetables
Kiwi
Peaches

6

Muffin

Sloppy Joe
Bosco Sticks(2)
Marinated Vegetable Salad
Baked Beans
Grapes
Banana

7

Waffles

Fish Sandwich
Wild Mike's Pizza
Creamy Cole Slaw
French Fries
Watermelon
Pears
Peanut Butter Brownie

8

Breakfast Bagel

Chicken Strips(4)/Biscuit
Cheesy Bread
Celery Sticks
French Fries
Apple Slices
Mandarin Oranges

11

Tornado

Cheese Quesadilla
Breaded Ravioli/Sauce
Marinated Vegetable Salad
Peas
Strawberries
Pears
Chocolate Cookie

12

Pancakes

Tator Tot Casserole
Fiesta Chicken Wrap
Broccoli/Cauliflower
Red Bean Salad
Banana
Peaches

13

Egg Sandwich

Chili/Crackers
Pork Tenderloin Sandwich
Carrot Sticks
Oven Brown Potatoes
Cantaloupe
Pineapple

14

15

MANAGER'S CHOICE

Fruit Yogurt Parfait

BBQ Chicken Wings(6)
Corn Dog (2)
Macaroni and Cheese(#8)
Peppers/Tomatoes
Mixed Vegetables
Orange Slices or Peaches

18

Tornado

Egg Rolls(2)
Thai Chicken
Wild Rice(#8)
Marinated Vegetable Salad
Peas
Banana or Mixed Fruit

19

French Toast Sticks

Lasagna/Roll
Chicken Sandwich
Celery Sticks
Carrots
Watermelon
Mango Peach Applesauce

20

Muffin

Meatball Sub Sandwich
Bosco Sticks(2)
Broccoli Salad
Corn
Grapes
Banana

21

Waffles

Turkey Deli Wrap
Wild Mike's Pizza
Red Bean Salad
Oven Brown Potatoes
Strawberries or Mandarin
Oranges
Chocolate Chip Cookie

22

Breakfast Bagel

Pork Rib Sandwich
Chicken Quesadilla
Broccoli Salad
French Fries
Apple Slices
Pears

25

Tornado

Meatloaf
Sliced Turkey
Breadstick (1)
Red Pepper Strips
Mashed Potatoes
Grapes
Mixed Fruit

26

Pancakes

Nachos Grandes
BBQ Pork Sandwich
Mexican Bean Dip
Corn
Banana
Peaches

27

Egg Sandwich

Spaghetti(8oz)/Breadstick(1)
Chicken Nuggets(7)
Carrot Sticks
Green Beans
Kiwi or Mandarin Oranges
Apple Spice Cake

28

Breakfast Pizza

Soft Taco
Chicken Bacon Flatbread
Creamy Coleslaw
Sweet Potato Fries
Watermelon
Pineapple

29

Breakfast items available on a daily basis include cold cereal, nonfat milk (flavored or unflavored) or 1% milk (unflavored), toast, fruit, and juice. Nonfat milk (flavored or unflavored) or 1% milk (unflavored) is available daily at lunch.

Student Breakfast \$2.00
Adult Breakfast \$2.50
Student Lunch \$3.00
Adult Lunch \$3.65
Extra Entrée \$1.40
Small Salad \$0.75
Large Salad \$1.40
Milk \$0.50
Small Juice \$0.50

Salad bar is available daily which includes romaine salad, spinach, broccoli, cauliflower, chickpeas, celery, cucumbers, shredded cheese, tomatoes, sunflower seeds, red onions, whole grain crackers, shredded carrots, and low fat salad dressings. Salad bar menu may vary on a daily basis