

Auburn Middle School Menu

SEPTEMBER 2014

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

NO SCHOOL

2

Fruit/Yogurt Parfait
Cheese Pizza
Chicken and Noodles
Green Peppers/Dip
Carrots
Apple Slices
Mixed Fruit

3

Breakfast Bagel
Horseshoe
Cheese Quesadilla
Mixed Greens Salad
Green Beans
Grapes
Pears
Jello Cake

4

Muffin
Chicken Strips
Beef Burrito
Broccoli/Dip
French Fries
Kiwi
Peaches

5

Tornado
Baked Fish Shapes
Hot Dog on Bun
Carrots/Dip
Baked Beans
Strawberries
Mandarin Oranges

8

French Toast Sticks
Chicken Nuggets
Macaroni and Cheese
Peppers/Tomatoes/Dip
Sweet Potato Fries
Orange Slices
Apricots
Chocolate Chip Cookie

9

Oatmeal Bar
Cheese Pizza
Beef and Noodles
Celery/Dip
Baked Beans
Cantaloupe
Applesauce

10

English Muffin
Spaghetti/Roll
Chicken Patty on Bun
Salad With Cucumbers
Carrots
Watermelon
Pears

11

Pancakes
Soft Taco
Sliced Turkey
Red Peppers/Dip
Mashed Potatoes
Banana
Peaches

12

Omelet/Hashbrowns
Turkey Deli Wrap
BBQ Chicken On Bun
Carrots/Dip
Mixed Vegetables
Apple Slices
Mandarin Oranges

15

Waffles
BBQ Chicken Wings
Corn Dog
Marinated Vegetable Salad
Tator Tots
Grapes
Pineapple

16

Fruit/Yogurt Parfait
Cheese Pizza
Hamburger On Bun
Green Peppers/Dip
Carrots
Kiwi
Mixed Fruit

17

Breakfast Bagel
Lasagna/Roll
Chicken Quesadilla
Mixed Greens Salad
Corn
Strawberries
Pears

18

Muffin
Hot Ham and Cheese
Chicken Fajitas
Broccoli/Dip
Green Beans
Orange Slices
Peaches

19

Tornado
Baked Fish Shapes
Chili/Crackers
Carrots/Dip
Oven Brown Potatoes
Cantaloupe
Mandarin Oranges
Triple Berry Buckle

22

French Toast Sticks
Chicken Nuggets
Macaroni and Cheese
Peppers/Tomatoes/Dip
Baked Beans
Watermelon
Apricots
Pumpkin Bar

23

Oatmeal Bar
Cheese Pizza
Chicken Patty on Bun
Celery/Dip
Corn
Banana
Applesauce

24

English Muffin
Nachos Grandes
BBQ Pork on Bun
Salad With Cucumbers
Green Beans
Apple Slices
Pears

25

Pancakes
Cheese Quesadilla
Sloppy Joe
Red Peppers/Dip
Peas
Grapes
Peaches

26

Omelet/Hashbrowns
Grilled Cheese Sandwich
Ravioli/Roll
Carrots/Dip
Mixed Vegetables
Kiwi
Mandarin Oranges

29

Waffles
Chicken Strips
Beef Burrito
Marinated Vegetable Salad
French Fries
Strawberries
Pineapple
Brownie

30

Fruit/Yogurt Parfait
Cheese Pizza
Chicken and Noodles
Green Peppers/Dip
Carrots
Orange Slices
Mixed Fruit

DID YOU KNOW?

The average classroom pencil can write about 45,000 words!

Breakfast items available on a daily basis include cold cereal, nonfat milk (flavored or unflavored) or 1% milk (unflavored), toast, fruit and juice. Nonfat milk (flavored or unflavored) or 1% (unflavored) is available daily at lunch