OCTOBER 20

TUESDAY

WEDNESDAY THURSDAY

FRIDAY

Waffles

Hamburger on A Bur **Tator Tots Baked Beans** Orange Slices **Peaches**

Egg/Cheese English Muffin

Chicken and Rice Marinated Vegetable Salad **Green Beans Apple Slices Pears**

Yogurt

BBQ Pork Sandwick Mixed Greens Salad Mashed Potatoes/Gravv Banana Pineapple

Tornado

Meatball Sub Sandw Carrot Sticks/Ranch Mixed Vegetables Strawberries Mandarin Oranges Snickerdoodle

Pancake On A Stick

Chicken Nuggets(5)(7) Salad With Cucumbers Corn Grapes Mango Peach Applesauce

NO SCHOOL

Muffin

Chicken Sandwich Broccoli/Cauliflower **Sweet Potato Fries** Banana Mixed Fruit

Omelet/Hashbrow

Spaghetti/Cheesy Br Mixed Greens Salad Green Beans **Apple Slices Peaches**

Pancake on A Stick

Chilli/Crackers Celery Sticks/Ranch **Oven Brown Potatoes** Strawberries Pears

French Toast Stick

Wild Mike's Cheese P Salad With Tomatoes Carrots Grapes Pineapple Apple Spice Cake

Breakfast items available on a daily basis include cold cereal, nonfat milk(flavored or unflavored) or 1% milk(unflavored), toast, fruit, and juice. Nonfat milk (flavored or unflavored) or 1% milk (unflavored) is available daily at lunch.

<u>Panca</u>kes Fish Shapes(4)(6) Cole Slaw French Fries **Orange Slices** Mango Peach Applesauce

Egg/Cheese English Muffin

Tator Tot Casserole Mixed Greens Salad **Green Beans Apple Slices** Mandarin Oranges Chocolate Chip Cookie



MANAGER'S CHOICE

NO SCHOOL

NO SCHOOL



BBQ Chicken Wings(4)(6) Salad With Cucumbers **Sweet Potato Fries Orange Slices Pears**

Muffin

Bosco Sticks(1)(2 Carrot Sticks/Ranch Peas Banana Pineapple

Omelet/Hashbrov

Nachos Grandes Mexican Bean Dip Corn Strawberries Mandarin Oranges

Tornado

Chicken Bacon Flatbr Broccoli/Cauliflower Oven Brown Potatoes **Apple Slices** Mixed Fruit Oatmeal Krispie Cookie

French Toast Stic

Toasted Ravioli(6)(8) Mixed Greens Salad Carrots Grapes Applesauce

Student Breakfast \$2.00 Adult Breakfast \$2.50 Student Lunch \$3.00 Adult Lunch \$3.65 Extra Entrée \$1.40 Extra Milk \$0.50 Small Juice \$0.50

<u>Pancakes</u>

Chicken Strips(3)(4) Carrot Sticks/Ranch French Fries **Orange Slices** Pineapple

Egg/Cheese English Muffin

Turkey Whole Grain Biscuit Salad With Tomatoes Mashed Potatoes/Gravy **Apple Slices Pears**

Yogurt

Corn Dog(1) (2) Red/Green Pepper Strips **Baked Beans** Banana Peaches Sugar Cookie

Take a walk under the trees with bright

colored leaves and enjoy the season!