

OCTOBER 2018

Auburn High School Menu

MONDAY

Waffles

Chicken Bacon Flatbread
Meatball Sub Sandwich
Peppers/Tomatoes
Mixed Vegetables
Apple Slices
Mixed Fruit

1

TUESDAY

Tornado

Thai Chicken
Bosco Stick(2)
Wild Rice
Cucumber Salad
Sweet Potato Fries
Watermelon
Mango Peach Applesauce

2

WEDNESDAY

French Toast Stick

Lasagna/Roll
Chicken Nuggets(7)
Marinated Vegetable Salad
Carrots
Orange Slices
Pineapple

3

THURSDAY

Muffin

Horseshoe
Hot Ham and Cheese
Celery Sticks
Corn
Banana
Mandarin Oranges

4

FRIDAY

Pancake On A Stick

Soft Taco
BBQ Chicken Wings(6)
Carrot Sticks
Baked Beans
Strawberries
Peaches
Apple Spice Cake

5

8

NO SCHOOL

Tornado

Corn Dog(2)
Grilled Chicken Sandwich
Celery Sticks
Green Beans
Banana
Pears
Snickerdoodle

9

Egg/Cheese English Muffin

Cheesy Bread
Spaghetti
Broccoli Salad
Carrots
Cantaloupe
Applesauce

10

11

MANAGER'S CHOICE

Omelet/Hashbrown

Chili/Crackers
Pork Tenderloin Sandwich
Carrot Sticks
Oven Brown Potatoes
Grapes
Mixed Fruit

12

15

Pancakes

Toasted Ravioli(8)
Chicken Strips(4)
Marinated Vegetable Salad
Peas
Apple Slices
Mango Peach Applesauce

Tornado

Turkey
Meatloaf
Whole Grain Biscuit
Red Bean Salad
Mashed Potatoes/Gravy
Banana
Pineapple

16

French Toast Stick

Tator Tot Casserole
Calzone
Peppers/Tomatoes
Carrots
Watermelon
Mandarin Oranges
Chocolate Cookie

17

18

NO SCHOOL

19

NO SCHOOL

22

Waffles

BBQ Chicken Wings(6)
Corn Dog(2)
Macaroni and Cheese
Broccoli Salad
Green Beans
Apple Slices
Peaches

Tornado

Turkey Deli Wrap
Chicken and Noodles
Celery Sticks
Peas
Banana
Pears
Jello Cake

23

Egg/Cheese English Muffin

Nachos Grandes
BBQ Pork Sandwich
Mexican Bean Dip
Corn
Watermelon
Mixed Fruit

24

25

Muffin

Sloppy Joe
Fiesta Chicken Wrap
Carrot Sticks
Mixed Vegetables
Orange Slices
Applesauce

Pancake On A Stick

Wild Mike's Pizza
Grilled Chicken Sandwich
Red Pepper Strips
Oven Brown Potatoes
Strawberries
Peaches

26

29

Pancakes

Hamburger on Bun
Chicken Bacon Flatbread
Carrot Sticks
Baked Beans
Apple Slices
Mango Peach Applesauce

Tornado

Thai Chicken
Bosco Stick(2)
Wild Rice
Cucumber Salad
Sweet Potato Fries
Watermelon
Mandarin Oranges

30

French Toast Stick

Lasagna/Roll
Chicken Nuggets(7)
Marinated Vegetable Salad
Carrots
Orange Slices
Pineapple
Sugar Cookie

31

Take a walk under the
trees with bright colored
leaves and enjoy the
season!

Breakfast items available on a daily basis include cold cereal, nonfat milk(flavored or unflavored) or 1% milk(unflavored), toast, fruit, and juice. Nonfat milk (flavored or unflavored) or 1% milk (unflavored) is available daily at lunch.

Student Breakfast \$2.00
Adult Breakfast \$2.50
Student Lunch \$3.00
Adult/Guest Lunch \$3.65
Extra Entrée \$1.40
Small Salad \$0.75
Large Salad \$1.40
Milk \$0.50
Small Juice \$0.50

Salad bar is available daily which includes romaine salad, spinach, broccoli, cauliflower, chickpeas, celery, cucumbers, shredded cheese, tomatoes, sunflower seeds, red onions, whole grain crackers, shredded carrots, and low fat salad dressings. Salad bar menu may vary on a daily basis