

OCTOBER 2017

Auburn High School Menu

MONDAY

Fruit Yogurt Parfait 2

Fish Sandwich
Wild Mike's Pizza
Creamy Cole Slaw
French Fries
Watermelon
Pears

2

TUESDAY

Tornado 3

Chicken/Noodles/Breadstick
Hamburger
Carrot Sticks
Tator Tots
Orange Slices
Mixed Fruit
Peanut Butter Brownie

3

WEDNESDAY

French Toast Sticks 4

Egg Rolls(2)
Thai Chicken
Wild Rice(#8)
Peppers/Tomatoes
Mixed Vegetables
Kiwi
Peaches

4

THURSDAY

Muffin 5

Sloppy Joe
Bosco Sticks(2)
Marinated Vegetable Salad
Baked Beans
Grapes
Mango Peach Applesauce

5

FRIDAY

Waffles 6

Early Dismissal
No Lunch Served

6

9

NO SCHOOL

Tornado 10

Cheese Quesadilla
Breaded Ravioli/Breadstick
Broccoli Salad
Peas
Strawberries
Pineapple

10

Pancakes 11

Tator Tot Casserole
And Breadstick
Chicken Bacon Flatbread
Carrot Sticks
Red Bean Salad
Banana
Mandarin Oranges

11

Egg Sandwich 12

Chili/Crackers(2)
Pork Tenderloin Sandwich
Peppers/Tomatoes
Oven Brown Potatoes
Cantaloupe
Pears
Chocolate Cookie

12

13

MANAGER'S CHOICE

Breakfast Bagel 16

Chicken Strips(4)/Biscuit
Cheesy Bread
Broccoli Salad
French Fries
Apple Slices
Mixed Fruit

16

Tornado 17

Soft Taco
Hot Ham and Cheese
Marinated Vegetable Salad
Carrots
Watermelon
Peaches
Oatmeal Cookie

17

French Toast Sticks 18

Lasagna/Roll
Chicken Sandwich
Carrot/Celery Sticks
Peas
Orange Slices
Mango Peach Applesauce

18

19

NO SCHOOL

20

NO SCHOOL

Fruit Yogurt Parfait 23

Pork Rib Sandwich
Chicken Quesadilla
Broccoli Salad
French Fries
Kiwi
Pineapple

23

Tornado 24

Meatloaf
Sliced Turkey
Breadstick (1)
Red Pepper Strips
Mashed Potatoes
Grapes
Mandarin Oranges

24

Pancakes 25

Nachos Grandes
BBQ Pork Sandwich
Mexican Bean Dip
Corn
Strawberries
Pears

25

Egg Sandwich 26

Spaghetti(8oz)/Breadstick(1)
Chicken Nuggets(7)
Carrot Sticks
Green Beans
Banana
Mixed Fruit
Sugar Cookie

26

Breakfast Pizza 27

Egg Rolls(2)
Thai Chicken
Wild Rice(#8)
Creamy Coleslaw
Sweet Potato Fries
Cantaloupe
Peaches

27

Breakfast Bagel 30

BBQ Chicken Wings(6)
Corn Dog (2)
Macaroni and Cheese(#8)
Peppers/Tomatoes
Mixed Vegetables
Apple Slices
Mango Peach Applesauce

30

Tornado 31

Chicken/Noodles/Breadstick
Hamburger
Carrot Sticks
Tator Tots
Orange Slices
Pineapple
Pumpkin Bar

31

“Finish each day and be done with it.
Tomorrow is a new day.”
Ralph Waldo Emerson

Breakfast items available on a daily basis include cold cereal, nonfat milk (flavored or unflavored) or 1% milk (unflavored), toast, fruit, and juice. Nonfat milk (flavored or unflavored) or 1% milk (unflavored) is available daily at lunch.

Student Breakfast \$2.00
Adult Breakfast \$2.50
Student Lunch \$3.00
Adult Lunch \$3.65
Extra Entrée \$1.40
Small Salad \$0.75
Large Salad \$1.40
Milk \$0.50
Small Juice \$0.50

Salad bar is available daily which includes romaine salad, spinach, broccoli, cauliflower, chickpeas, celery, cucumbers, shredded cheese, tomatoes, sunflower seeds, red onions, whole grain crackers, shredded carrots, and low fat salad dressings. Salad bar menu may vary on a daily basis