

OCTOBER 2015

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

**THE LARGEST PUMPKIN EVER
MEASURED WAS 836 LBS. IN 1993.**



Sausage English Muffin

Chicken Nuggets
Cheese Quesadilla
Celery Sticks
Baked Beans
Kiwi
Pineapple

5

Waffles

Cheese Pizza
Hot Ham and Cheese
Marinated Vegetable Salad
Corn
Apple Slices
Mandarin Oranges
Muffin

6

Pancakes

Spaghetti/Breadstick
Chicken Sandwich
Peppers/Tomatoes
Carrots
Strawberries
Peaches

7

Fruit/Yogurt Parfait

BBQ Chicken Wings
Taco in a Bag
Salad With Tomatoes
Mixed Vegetables
Grapes
Pears

1

Breakfast Wrap

Horseshoe
Cheesy Bread
Red Pepper Strips
Carrots
Cantaloupe
Mixed Fruit

2

NO SCHOOL

8

NO SCHOOL

9

12

NO SCHOOL

Scrambled Eggs

Hashbrowns

Bosco Sticks/Marinara
Ravioli
Peppers/Tomatoes
Corn
Watermelon
Pears

13

French Toast Sticks

Lasagna
Pork Tenderloin Sandwich
Celery Sticks
Carrots
Banana
Applesauce

14

Fruit/Yogurt Parfait

Grilled Cheese Sandwich
Corn Dog
Mixed Greens Salad
Baked Beans
Orange Slices
Mixed Fruit
Peach Crisp

15

MANAGER'S CHOICE

16

Sausage English Muffin

Chicken Strips/Biscuit
Hamburger
Green/Red Pepper Strips
French Fries
Apple Slices
Mandarin Oranges

19

Waffles

Cheese Pizza
Chicken Quesadilla
Carrot Sticks
Green Beans
Kiwi
Peaches

20

Pancakes

Nachos Grandes
BBQ Pork Sandwich
Mexican Bean Dip
Corn
Cantaloupe
Applesauce

21

Breakfast Bagel

Baked Fish Shapes
Beef and Noodles
Creamy Coleslaw
Mashed Potatoes
Strawberries
Pears
Pumpkin Bar

22

Oatmeal

Chicken Nuggets
Turkey Deli Wrap
Salad With Cucumbers
Sweet Potato Fries
Banana
Mixed Fruit

23

Tornado

Burrito/Salsa
Chicken and Noodles
Marinated Vegetable Salad
Corn
Orange Slices
Pineapple

26

Scrambled Eggs

Hashbrowns

Bosco Sticks/Marinara
Chicken Fajitas
Peppers/Tomatoes
Carrots
Kiwi
Mandarin Oranges

27

French Toast Sticks

Ham and Cheese Wrap
Chili/Crackers
Celery Sticks
Oven Brown Potatoes
Watermelon
Peaches

28

Fruit/Yogurt Parfait

BBQ Chicken Wings
Taco in A Bag
Salad With Tomatoes
Mixed Vegetables
Apple Slices
Applesauce

29

Breakfast Wrap

Horseshoe
Cheesy Bread
Carrot Sticks
Peas
Banana
Pears
Sugar Cookie

30

Breakfast items available on a daily basis include cold cereal, nonfat milk (Flavored or unflavored) or 1% milk (unflavored), whole grain toast, fruit, and juice. Nonfat milk (flavored or unflavored) or 1% milk (unflavored) is available daily at lunch.

Low fat ranch dip is available when fresh vegetables are served. Condiments such as ketchup, mustard, salsa and taco sauce are available based on the menu

