

OCTOBER 2015



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

THE LARGEST PUMPKIN EVER MEASURED WAS 836 LBS. IN 1993.



1

Muffin
Grilled Chicken
Turkey Deli Wrap
Wild Rice
Cucumber Salad
Green Beans
Strawberries
Pears

2

MANAGER'S CHOICE

5

Waffles
Chicken Nuggets
Corn Dog
Macaroni and Cheese
Marinated Vegetable Salad
Peas
Grapes
Pineapple

6

Tornado
Bosco Sticks
Beef and Noodles/Breadstick
Red Bean Salad
Corn
Watermelon
Applesauce

7

French Toast Sticks
Spaghetti/Breadstick
Chicken Sandwich
Peppers/Tomatoes
Carrots
Cantaloupe
Mixed Fruit
Oatmeal Krispie Cookie

8

NO SCHOOL

9

NO SCHOOL

12

NO SCHOOL

13

Tornado
Philly Cheesesteak Wrap
BBQ Chicken Wings
Red/Green Pepper Strips
Baked Beans
Apple Slices
Peaches

14

Pancakes
Lasagna
Sliced Turkey
Hot Roll
Celery Sticks
Peas
Strawberries
Mandarin Oranges

15

Muffin
Pork Tenderloin Sandwich
Thai Chicken
Wild Rice
Creamy Coleslaw
Corn
Banana
Pears

16

Breakfast Wrap
Turkey Bacon Flatbread
Meatloaf
Carrot Sticks
Mashed Potatoes
Grapes
Pineapple
Peach Crisp

19

Waffles
Grilled Cheese Sandwich
Hamburger
Tomato Bisque Soup
Peppers/Tomatoes
Mixed Vegetables
Kiwi
Applesauce

20

Tornado
Chicken Fajitas
Sloppy Joe
Celery Sticks
Tator Tots
Orange Slices
Mixed Fruit
Jello Cake

21

French Toast Sticks
Nachos Grandes
BBQ Pork Sandwich
Mexican Bean Dip
Corn
Cantaloupe
Peaches

22

Egg Sandwich
Chicken Pot Pie
Bosco Sticks
Broccoli Salad
Carrots
Watermelon
Mandarin Oranges

23

MANAGER'S CHOICE

26

Fruit/Yogurt Parfait
Breaded Ravioli
Chicken and Noodles
Breadstick
Cucumber Salad
Mixed Vegetables
Grapes or Pears

27

Tornado
Cheese Quesadilla
BBQ Pork Rib Sandwich
Marinated Vegetable Salad
Mashed Potatoes
Apple Slices or Pineapple

28

Pancakes
Chili/Crackers
Fiesta Chicken Wrap
Celery Sticks
Oven Brown Potatoes
Strawberries or Applesauce

29

Muffin
Grilled Chicken
Turkey Deli Wrap
Wild Rice
Carrot Sticks
Green Beans
Banana or Mixed Fruit

30

Breakfast Wrap
Horseshoe
Fish Sandwich
Creamy Coleslaw
Carrots
Orange Slices or Peaches
Sugar Cookie

Breakfast items available on a daily basis include cold cereal, nonfat milk (Flavored or unflavored) or 1% milk (unflavored), toast, fruit, and juice. Nonfat milk (flavored or unflavored) or 1% milk (unflavored) is available daily at lunch

Salad bar is available daily which includes romaine salad, spinach, broccoli, cauliflower, chickpeas, celery, cucumbers, shredded cheese, tomatoes, sunflower seeds, red onions, whole grain crackers, shredded carrots, and low fat salad dressings. Salad bar menu may vary on a daily basis.

