

Auburn K-8 Menu

OCTOBER 2014

MONDAY

Did you know?

Columbus Day honors Christopher Columbus' arrival in America on Oct. 12, 1492.

French Toast Sticks 6

Chicken Nuggets
Macaroni and Cheese
Peppers/Tomatoes
Sweet Potato Fries
Banana
Mixed Fruit

6

TUESDAY

Oatmeal Bar 7

Cheese Pizza
BBQ Chicken on Bun
Celery Sticks
Baked Beans
Cantaloupe
Applesauce

7

WEDNESDAY

Breakfast Bagel 1

Horseshoe
Cheese Pizza
Mixed Greens Salad
Green Beans
Grapes
Pears

1

THURSDAY

Muffin 2

Chicken Strips
Philly Beef Wrap
Broccoli
French Fries
Strawberries
Peaches

2

FRIDAY

Tornado 3

Baked Fish Shapes
Mini Corn Dogs
Carrot Sticks
Baked Beans
Orange Slices
Apricots
Oatmeal Cookie

3

NO SCHOOL

13

Fruit/Yogurt Parfait 14

Cheese Pizza
Hamburger on Bun
Green Pepper Strips
Carrots
Strawberries
Peaches

14

Breakfast Bagel 15

Lasagna/Breadstick
Chicken Quesadilla
Mixed Greens Salad
Corn
Orange Slices
Apricots

15

Muffin 16
Hot Ham and Cheese
Chicken Fajitas
Broccoli
Green Beans
Banana
Mixed Fruit

16

MANAGER'S CHOICE 10

10

Tornado 17
Baked Fish Shapes
Chili/Crackers
Carrot Sticks
Oven Brown Potatoes
Cantaloupe
Applesauce
Triple Berry Buckle

17

Waffles 20
Chicken Nuggets
Macaroni and Cheese
Peppers and Tomatoes
Baked Beans
Watermelon
Pineapple

20

Oatmeal Bar 21
Cheese Pizza
Chicken Patty on Bun
Celery Sticks
Corn
Apple Slices
Mandarin Oranges

21

English Muffin 22
Nachos Grandes
BBQ Pork on Bun
Salad With Cucumbers
Green Beans
Grapes
Pears

22

Pancakes 23
Cheese Quesadilla
Sloppy Joe
Red Pepper Strips
Peas
Strawberries
Peaches
Pumpkin Bar

23

Omelet/Hashbrowns 24
Cheesy Bread
Breaded Ravioli
Carrot Sticks
Mixed Vegetables
Orange Slices
Apricots

24

French Toast Sticks 27
Chicken Strips
Philly Beef Wrap
Salad With Cucumbers
French Fries
Banana
Mixed Fruit

27

Fruit/Yogurt Parfait 28
Cheese Pizza
Chicken and Noodles
Green Pepper Strips
Carrots
Cantaloupe
Applesauce

28

Breakfast Bagel 29
Horseshoe
Mini Corn Dogs
Mixed Greens Salad
Green Beans
Watermelon
Pineapple
Brownie

29

Muffin 30
BBQ Chicken Wings
Turkey Deli Wrap
Red Pepper Strips
Tator Tots
Apple Slices
Mandarin Oranges

30

Tornado 31
Baked Fish Shapes
Hamburger on Bun
Carrot Sticks
Baked Beans
Grapes
Pears

31

Low fat ranch dip is available when fresh vegetables are served. Condiments such as ketchup, mustard, and taco sauce, are available on the condiment bar based on the menu.

Breakfast items available on a daily basis include cold cereal, nonfat milk (flavored or unflavored) or 1% milk (unflavored), toast, fruit and juice. Nonfat milk (flavored or unflavored) or 1% (unflavored) is available daily at lunch