

MONDAY

Did you know?

Columbus Day honors Christopher Columbus' arrival in America on Oct. 12, 1492.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Fruit/Yogurt Parfait

Chicken Nuggets
Corn Dog
Macaroni and Cheese
Mixed Greens Salad
Baked Beans
Grapes
Mandarin Oranges

Tornado

Cheese Quesadilla
Beef and Noodles/Breadstick
Carrot/Celery Sticks
Peas
Orange Slices
Apricots

Breakfast Wrap

Spaghetti/Roll
Chicken Patty on Bun
Cucumber Salad
Carrots
Cantaloupe
Mixed Fruit

Pancakes

Soft Taco
Sliced Turkey
Broccoli Salad
Mashed Potatoes
Strawberries
Applesauce
Chocolate Cookie

Omelet/Hashbrowns

BBQ Chicken on Bun
Cheesy Bread
Green Pepper Strips
Corn
Watermelon
Peaches

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NO SCHOOL

Tornado

Meatball Sub Sandwich
BBQ Chicken Wings
Carrot Sticks
Mashed Potatoes
Apple Slices
Pears

Breakfast Wrap

Chili/Crackers
Pork Tenderloin on Bun
Mixed Greens Salad
Oven Brown Potatoes
Banana
Pineapple

Muffin

Hot Ham and Cheese
Meatloaf
Celery Sticks
Mashed Potatoes
Grapes
Mandarin Oranges

French Toast Sticks

Grilled Chicken
Cheese Quesadilla
Rice
Peppers/Tomatoes
Green Beans
Orange Slices
Apricots
Triple Berry Buckle

Fruit/Yogurt Parfait

Philly Cheesesteak Wrap
Cheesy Bread
Mixed Greens Salad
Sweet Potato Fries
Cantaloupe
Mixed Fruit

Tornado

Cheese Quesadilla
Chicken Fajitas
Carrot Sticks
Green Beans
Strawberries
Applesauce

Omelet/Hashbrowns

Nachos Grandes
BBQ Pork on Bun
Mexican Bean Dip
Peas
Watermelon
Peaches

Pancakes

Chicken Bacon Flatbread
Sloppy Joe
Cucumber Salad
Tator Tots
Orange Slices
Apple Slices
Pumpkin Bar

MANAGER'S CHOICE

Waffles

Chicken Strips
BBQ Pork Rib on Bun
Red Bean Salad
French Fries
Banana
Pineapple

Tornado

Hamburger on Bun
Chicken and Noodles/Breadstick
Marinated Vegetable Salad
Oven Brown Potatoes
Grapes
Mandarin Oranges
Chocolate Chip Cookie

Breakfast Wrap

Breaded Ravioli
Chicken Fajitas
Carrot Sticks
Mixed Vegetables
Orange Slices
Apricots

Muffin

Chicken Nuggets
Cheesy Bread
Broccoli Salad
Mashed Potatoes
Cantaloupe
Mixed Fruit

French Toast Sticks

Horseshoe
Fish Sandwich
Red Pepper Strips
Green Beans
Strawberries
Applesauce

A La Carte

Veggie Pizza
Cheese Pizza
Cottage Cheese
Yogurt
Chips
Granola Bars
Bottled Water
Flavored Water
Gatorade
Izze Juice
Tropicana Juice
Ice Cream
Bottled Milk
Extra items or seconds

Salad bar is available daily which includes romaine salad, spinach, broccoli, cauliflower, chickpeas, celery, cucumbers, shredded cheese, tomatoes, sunflower seeds, red onions, bacon bits, whole grain crackers, shredded carrots, and low fat salad dressings. Salad bar menu may vary on a daily basis