



# NOVEMBER 2015

## Auburn High School Menu

### MONDAY

#### Waffles

2

Chicken Nuggets  
Corn Dog  
Macaroni and Cheese  
Peppers/Tomatoes  
Mixed Vegetables  
Apple Slices  
Mandarin Oranges

#### Fruit/Yogurt Parfait

9

Cheesy Bread  
Chicken Strips/Biscuit  
Broccoli Salad  
French Fries  
Orange Slices  
Mixed Fruit

#### Waffles

16

Grilled Cheese Sandwich  
Hamburger  
Tomato Bisque Soup  
Carrot Sticks  
Mixed Vegetables  
Apple Slices  
Pineapple

#### Fruit/Yogurt Parfait

23

Breaded Ravioli  
Chicken and Noodles  
Peppers/Tomatoes  
Carrots  
Orange Slices  
Pears

#### Waffles

30

Chicken Nuggets  
Corn Dog  
Macaroni and Cheese  
Carrot Sticks  
Baked Beans  
Apple Slices  
Mixed Fruit

### TUESDAY

#### Tornado

3

Bosco Sticks  
Beef and Noodles  
Red Bean Salad  
Carrots  
Orange Slices  
Pears

#### Tornado

10

Lasagna  
BBQ Chicken Wings  
Red Pepper Strips  
Peas  
Apple Slices  
Peaches  
Iced Oatmeal Cake

#### Tornado

17

Chicken Fajita  
Sloppy Joe  
Marinated Vegetable Salad  
Sweet Potato Fries  
Orange Slices  
Applesauce

#### Tornado

24

Chili/Crackers  
Fiesta Chicken Wrap  
Celery Sticks  
Oven Brown Potatoes  
Apple Slices  
Pineapple

### WEDNESDAY

#### French Toast Sticks

4

Spaghetti/Breadstick  
Chicken Sandwich  
Marinated Vegetable Salad  
Peas  
Grapes  
Pineapple

11

NO SCHOOL

#### French Toast Sticks

18

Nachos Grandes  
BBQ Pork Sandwich  
Mexican Bean Dip  
Corn  
Grapes  
Mixed Fruit

#### Pancakes

25

Meatloaf  
Sliced Turkey  
Broccoli Salad  
Mashed Potatoes  
Grapes  
Applesauce  
Pumpkin Bar

### THURSDAY

#### Egg Sandwich

5

Soft Taco  
Chicken Quesadilla  
Cucumber Salad  
Corn  
Kiwi  
Applesauce  
Chocolate Chip Cookie

#### Muffin

12

Pork Tenderloin Sandwich  
Thai Chicken  
Wild Rice  
Creamy Cole Slaw  
Green Beans  
Kiwi  
Mandarin Oranges

#### Egg Sandwich

19

Tator Tot Casserole  
Bosco Sticks  
Celery Sticks  
Green Beans  
Kiwi  
Peaches  
Triple Berry Buckle

NO SCHOOL

### FRIDAY

#### Breakfast Pizza

6

Early Dismissal  
No Lunch Served

13

MANAGER'S CHOICE

20

MANAGER'S CHOICE

27

NO SCHOOL

Breakfast items available on a daily basis include cold cereal, nonfat milk (Flavored or unflavored) or 1% milk (unflavored), toast, fruit, and juice. Nonfat milk (flavored or unflavored) or 1% milk (unflavored) is available daily at lunch

Salad bar is available daily which includes romaine salad, spinach, broccoli, cauliflower, chickpeas, celery, cucumbers, shredded cheese, tomatoes, sunflower seeds, red onions, whole grain crackers, shredded carrots, and low fat salad dressings. Salad bar menu may vary on a daily basis

## DID YOU KNOW...

"We should certainly count our blessings, but we should also make our blessings count." Neal A. Maxwell

