

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

"Hard work spotlights the character in people: some turn up their sleeves, some turn up their noses, and some don't turn up at all." Sam Ewing

If it's easy, it's probably not worth it, and if it's worth it; it's generally not easy!!

1
MANAGER'S CHOICE

Breakfast Wrap 4
Chicken and Noodles
Corn Dog
Marinated Vegetable Salad
Baked Beans
Kiwi
Pineapple

Fruit Yogurt Parfait 5
Bosco Sticks
Chicken Fajitas
Carrot Sticks
Peas
Orange Slices
Peaches

Breakfast Bagel 6
Ham and Cheese Wrap
Hamburger
Green/Red Pepper Strips
Oven Brown Potatoes
Apple Slices
Mandarin Oranges

English Muffin 7
BBQ Chicken Wings
Beef and Noodles
Salad With Cucumbers
Sweet Potato Fries
Strawberries
Applesauce
Chocolate Chip Cookie

French Toast Sticks 8
Horseshoe
Cheesy Bread
Creamy Cole Slaw
Corn
Grapes
Mixed Fruit

Tornado 11
Chicken Nuggets
Cheese Quesadilla
Red Pepper Strips
Tator Tots
Banana
Pears

Oatmeal With Fruit 12
Cheese Pizza
Hot Ham and Cheese
Celery Sticks
Corn
Watermelon
Pineapple

Waffles 13
Spaghetti/Breadstick
Chicken Sandwich
Peppers/Tomatoes
Carrots
Cantaloupe
Peaches
Triple Berry Buckle

Omelet 14
Sliced Turkey/Roll
Soft Taco
Mixed Greens Salad
Mashed Potatoes
Strawberries
Mandarin Oranges

Pancakes 15
Baked Fish Shapes
Sloppy Joe
Creamy Coleslaw
Baked Beans
Grapes
Applesauce

Breakfast Wrap 18
Chicken Strips
Chicken Quesadilla
Celery Sticks
French Fries
Kiwi
Mixed Fruit

Fruit Yogurt Parfait 19
Bosco Sticks
Ravioli
Marinated Vegetable Salad
Baked Beans
Orange Slices
Pears

Breakfast Bagel 20
Lasagna/Roll
Pork Tenderloin Sandwich
Green/Red Pepper Strips
Green Beans
Apple Slices
Pineapple

English Muffin 21
Grilled Cheese Sandwich
Taco In A Bag
Salad With Tomatoes
Oven Brown Potatoes
Strawberries
Peaches

French Toast Sticks 22
Turkey Bacon Flatbread
Chicken Pot Pie
Carrot Sticks
Peas
Grapes
Mandarin Oranges
Pumpkin Bar

25
NO SCHOOL

Oatmeal With Fruit 26
Cheese Pizza
Corn Dog
Peppers/Tomatoes
Corn
Watermelon
Applesauce

Waffles 27
Nachos Grandes
BBQ Pork Sandwich
Mexican Bean Dip
Carrots
Cantaloupe
Mixed Fruit

Omelet 28
Baked Fish Shapes
Tator Tot Casserole
Creamy Coleslaw
Sweet Potato Fries
Strawberries
Pears
Sugar Cookie

29
MANAGER'S CHOICE

Low fat ranch dip is available when fresh vegetables are served. Condiments such as ketchup, mustard, and taco sauce are available based on the menu

Breakfast items available on a daily basis include cold cereal, nonfat milk (flavored or unflavored) or 1% milk (unflavored), toast, fruit and juice. Nonfat milk (flavored or unflavored) or 1% (unflavored) is available daily at lunch.