

monday

Fruit Yogurt Parfait

2

Breaded Ravioli
Chicken and Noodles
Breadstick
Marinated Vegetable Salad
Carrots
Grapes
Peaches

Waffles

9

Chicken Nuggets
Corn Dog
Macaroni and Cheese
Cucumber Salad
Baked Beans
Orange Slices
Applesauce

Fruit Yogurt Parfait

16

BBQ Pork Rib Sandwich
Chicken Strips/Biscuit
Cucumber Salad
French Fries
Watermelon
Mixed Fruit

Waffles

23

Grilled Cheese Sandwich
Meatball Sub Sandwich
Celery Sticks
Tomato Bisque Soup
Banana
Peaches

30

NO SCHOOL

tuesday

Tornado

3

Chicken Quesadilla
Meatloaf
Celery Sticks
Mashed Potatoes
Watermelon
Mandarin Oranges
Brownie

Tornado

10

Bosco Sticks
Beef and Noodles/Breadstick
Broccoli Salad
Peas
Banana
Apricots

Tornado

17

Philly Cheesesteak Wrap
BBQ Chicken Wings
Wild Rice
Celery Sticks
Mashed Potatoes
Kiwi
Pineapple

Tornado

24

Sloppy Joe
Chicken Fajitas
Broccoli Salad
Carrots
Cantaloupe
Mandarin Oranges
Chocolate Chip Cookie

31

NO SCHOOL

wednesday

Pancakes

4

Hamburger
Chicken Tender Wrap
Red Bean Salad
Tator Tots
Kiwi
Mixed Fruit

French Toast Sticks

11

Spaghetti/Breadstick
Chicken Sandwich
Peppers/Tomatoes
Carrots
Cantaloupe
Peaches
Triple Berry Buckle

Pancakes

18

Lasagna
Sliced Turkey
Hot Roll
Peppers/Tomatoes
Corn
Strawberries
Pears

French Toast Sticks

25

Nachos Grandes
BBQ Pork Sandwich
Mexican Bean Dip
Corn
Grapes
Mixed Fruit

thursday

Muffin

5

Grilled Chicken
Turkey Deli Wrap
Wild Rice
Green Pepper Strips
Green Beans
Strawberries
Pineapple

12

MANAGER'S CHOICE

Muffin

19

Pork Tenderloin Sandwich
BBQ Chicken Sandwich
Marinated Vegetable Salad
Green Beans
Apple Slices
Apricots

26

MANAGER'S CHOICE

friday

Breakfast Pizza

6

Horseshoe
Fish Sandwich
Carrot Sticks
Corn
Apple Slices
Pears

Egg Sandwich

13

Soft Taco
Cheese Quesadilla
Red Pepper Strips
Mixed Vegetables
Grapes
Mandarin Oranges

Breakfast Pizza

20

Chili/Crackers
Cheesy Bread
Carrot Sticks
Oven Brown Potatoes
Orange Slices
Applesauce
Peanut Butter Cookie

Egg Sandwich

27

Chicken Bacon Flatbread
Bosco Sticks
Red Pepper Strips
Mixed Vegetables
Watermelon
Pineapple

A La Carte

Veggie Pizza
Cheese Pizza
Cottage Cheese
Yogurt
Chips
Granola Bars
Bottled Water
Flavored Water
Gatorade
Izze Juice
Tropicana Juice
Ice Cream
Bottled Milk
Extra items or seconds

Salad bar is available daily which includes romaine salad, spinach, broccoli, cauliflower, chickpeas, celery, cucumbers, shredded cheese, tomatoes, sunflower seeds, red onions, whole grain crackers, shredded carrots, and low fat salad dressings. Salad bar menu may vary on a daily basis. When potato or vegetable soups are offered, they may count toward a vegetable serving.

did you know?

March is National Nutrition Month
This year's theme is "Bite into a Healthy Lifestyle"
Happy Spring!