

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

"In helping others, we shall help ourselves, for whatever good we give out completes the circle and comes back to us." – Flora Edwards .
You don't have to change the world to impact others....typically it's a small act of kindness that can make the **BIG** difference in someone's day.

5

NO SCHOOL

6

Tornado

Breaded Ravioli
Chicken and Noodles/Breadstick
Carrots
Peas
Peaches
Mixed Fruit

7

Pancakes

Hamburger
Chicken Tender Wrap
Celery Sticks
French Fries
Apple Slices
Pineapple

1

NO SCHOOL

2

NO SCHOOL

12

Fruit Yogurt Parfait

Chicken Nuggets
Corn Dog
Macaroni and Cheese
Red Pepper Strips
Baked Beans
Orange Slices
Apricots

13

Tornado

Cheese Quesadilla
Beef and Noodles/Breadstick
Cucumber Salad
Corn
Banana
Mandarin Oranges

14

French Toast Sticks

Spaghetti/Breadstick
Chicken Sandwich
Peppers/Tomatoes
Carrots
Apple Slices
Peaches
Chewy Brownie Cookie

15

Egg Sandwich

Sliced Turkey
Soft Taco
Broccoli Salad
Mashed Potatoes
Watermelon
Mixed Fruit

16

MANAGER'S CHOICE

19

NO SCHOOL

20

Tornado

Philly Cheesesteak Wrap
BBQ Chicken Wings
Carrot Sticks
Tator Tots
Grapes
Pineapple
Apple Crisp

21

Pancakes

Lasagna/Roll
Pork Tenderloin Sandwich
Celery Sticks
Corn
Orange Slices
Applesauce

22

Breakfast Pizza

Grilled Chicken
Chicken Quesadilla
Wild Rice
Italian Bean Salad
Mixed Vegetables
Banana
Pears

23

Fruit Yogurt Parfait

Chili and Crackers
Cheesy Bread
Marinated Vegetable Salad
Oven Brown Potatoes
Apple Slices
Apricots

26

Waffles

Chicken Strips
Turkey Deli Wrap
Red Pepper Strips
French Fries
Watermelon
Mandarin Oranges

27

Tornado

Sloppy Joe
Chicken Fajitas
Cucumber Salad
Peas
Grapes
Peaches

28

French Toast Sticks

Nachos Grandes
BBQ Pork Sandwich
Mexican Bean Dip
Green Beans
Orange Slices
Mixed Fruit
Chocolate Chip Cookie

29

Egg Sandwich

Chicken Bacon Flatbread
Meatball Sub Sandwich
Broccoli Salad
Carrots
Banana
Pineapple

30

MANAGER'S CHOICE

A La Carte

Veggie Pizza
Cheese Pizza
Cottage Cheese
Yogurt
Chips
Granola Bars
Bottled Water
Flavored Water
Gatorade
Izze Juice
Tropicana Juice
Ice Cream
Bottled Milk
Extra items or seconds

Salad bar is available daily which includes romaine salad, spinach, broccoli, cauliflower, chickpeas, celery, cucumbers, shredded cheese, tomatoes, sunflower seeds, red onions, whole grain crackers, shredded carrots, and low fat salad dressings. Salad bar menu may vary on a daily basis. When soups are offered they may count as a vegetable serving.