

Auburn High School Menu

June 2014

Monday

Tuesday

Wednesday

Thursday

Friday

2
Breakfast Wrap
 Chicken Nuggets
 Corn Dog
 Macaroni and Cheese
 Salad With Cucumbers
 Green Beans
 Mixed Fruit
 Apricots

3
MANAGER'S CHOICE

4
MANAGER'S CHOICE

5
MANAGER'S CHOICE

6
MANAGER'S CHOICE

9
 NO SCHOOL

10
 NO SCHOOL

11
 NO SCHOOL

12
 NO SCHOOL

13
 NO SCHOOL

16
 NO SCHOOL

17
 NO SCHOOL

18
 NO SCHOOL

19
 NO SCHOOL

20
 NO SCHOOL

23
 NO SCHOOL

24
 NO SCHOOL

25
 NO SCHOOL

26
 NO SCHOOL

27
 NO SCHOOL

30
 NO SCHOOL

did you know?

There are 10 teaspoons of sugar in a 12 ounce soda. The average American eats 150 pounds of sugar yearly. Too much sugar in your diet can cause tooth decay, weight gain, a depressed immune system, and increased blood sugar levels.

Salad bar is available daily which includes romaine salad, spinach, broccoli, cauliflower, chickpeas, celery, cucumbers, shredded cheese, tomatoes, sunflower seeds, red onions, bacon bits, whole grain crackers, shredded carrots, and low fat salad dressings. Salad bar menu may vary on a daily basis

Breakfast items available on a daily basis includes a variety of cereal, nonfat milk (flavored or unflavored) or 1% milk (unflavored), toast and juice. Nonfat milk (flavored or unflavored) or 1% (unflavored) is available daily at lunch.