

December 2016

Auburn K-8 Menu

LUNCH



Breakfast includes cold cereal, toast, fruit and juice. Nonfat flavored or 1 percent unflavored milk is available at breakfast and lunch.
Breakfast \$2.00 Lunch \$3.00
Adult Breakfast \$2.50 Adult Lunch \$3.65



Nutrition Tip Did you know that – Vitamin A is a powerful anti-oxidant and has many health benefits. Good food sources of Vitamin A are carrots, sweet potatoes and romaine lettuce to name a few, which are all part of the school lunch program!



Monday



Tuesday



Wednesday



Thursday

Tornado

Sliced Turkey/Breadstick 1
Soft Taco
Salad With Tomatoes
Mashed Potatoes
Grapes
Mixed Fruit

Friday

Muffin

Fish Shapes 2
Meatball Sub Sandwich
Creamy Cole Slaw
Carrots
Orange Slices
Pears

Breakfast Wrap

5

Burrito
Cheesy Bread
Peppers/Tomatoes
Tator Tots
Apple Slices
Peaches

Eggs/Hashbrowns

6

Bosco Stick
Ravioli
Broccoli/Cauliflower
Baked Beans
Pear
Mandarin Oranges

French Toast Sticks

7

Lasagna
Pork Tenderloin Sandwich
Salad With Cucumbers
Carrots
Banana
Applesauce

Breakfast Bagel

8

Chicken and Noodles
Sloppy Joe
Creamy Cole Slaw
Corn
Orange Slices or Pineapple
Jello Cake

Breakfast Pizza

9

Early Dismissal
No Lunch Served

Waffles

12

Chicken Quesadilla
Hamburger
Mixed Greens Salad
French Fries
Kiwi
Mixed Fruit

Fruit/Yogurt Parfait

13

Cheese Pizza
Chicken and Rice
Carrot Sticks
Green Beans
Banana or Pears

Pancakes

14

Nachos Grandes
BBQ Pork Sandwich
Salad With Tomatoes
Baked Beans
Apple Slices
Mandarin Oranges

Tornado

15

BBQ Chicken Wings
Chili/Crackers
Peppers/Tomatoes
Oven Brown Potatoes
Grapes or Applesauce
Apple Crisp

Muffin

16

Grilled Cheese Sandwich
Corn Dog
Broccoli/Cauliflower
Mashed Potatoes
Orange Slices
Peaches

Breakfast Wrap

19

Pork Rib Sandwich
Chicken Nuggets
Red Pepper Strips
Carrots
Pear
Pineapple

Eggs/Hashbrowns

20

Bosco Stick
Fish Shapes
Creamy Cole Slaw
Mashed Potatoes
Apple Slices
Mixed Fruit

French Toast Sticks

21

Horseshoe
Chicken Fajita
Carrot/Celery Sticks
Corn
Banana or Pears
Sugar Cookie

MANAGER'S CHOICE

22

NO SCHOOL

23

26

NO SCHOOL

27

NO SCHOOL

28

NO SCHOOL

29

NO SCHOOL

30

NO SCHOOL