

Auburn High School Menu

December 2014

Monday

Fruit/Yogurt Parfait 1

Chicken Nuggets
Corn Dog
Macaroni and Cheese
Green/Red Pepper Strips
Corn
Banana
Pears

8

Waffles

Turkey Deli Wrap
Breaded Ravioli
Cucumber Salad
Carrots
Cantaloupe
Mixed Fruit

Fruit/Yogurt Parfait 15

Chicken Strips
Hot Ham and Cheese
Green/Red Pepper Strips
French Fries
Orange Slices
Applesauce

22

NO SCHOOL

29

NO SCHOOL

Tuesday

Tornado 2

Hamburger on Bun
Chicken and Noodles/Breadstick
Marinated Vegetable Salad
Baked Beans
Grapes
Pineapple

9

Tornado

Chili/Crackers
Cheesy Bread
Carrot Sticks
Oven Brown Potatoes
Watermelon
Peaches
Triple Berry Buckle

16

Tornado

Sloppy Joe
Chicken Fajitas
Marinated Vegetable Salad
Carrots
Strawberries
Apricots

23

NO SCHOOL

30

NO SCHOOL

Wednesday

French Toast Sticks 3

Spaghetti/Roll
Chicken Patty on Bun
Red Bean Salad
Carrots
Orange Slices
Apricots

10

Pancakes

Lasagna/Roll
Pork Tenderloin on Bun
Peppers/Tomatoes
Mixed Vegetables
Banana
Pears

17

Muffin

Nachos Grandes
BBQ Pork on Bun
Mexican Bean Dip
Tator Tots
Apple Slices
Mixed Fruit

24

NO SCHOOL

31

NO SCHOOL

Thursday

Egg Sandwich 4

Soft Taco
Sliced Turkey
Broccoli Salad
Mashed Potatoes
Strawberries
Applesauce
Chocolate Chip Cookie

11

Breakfast Pizza

Grilled Chicken
Cheese Quesadilla
Rice
Celery Sticks
Green Beans
Grapes
Pineapple

18

Egg Sandwich

Chicken Bacon Flatbread
Meatball Sub Sandwich
Carrot Sticks
Peas
Watermelon
Mandarin Oranges
Sugar Cookie

25

NO SCHOOL

Friday

Pancakes 5

BBQ Chicken on Bun
Cheesy Bread
Celery Sticks
Sweet Potato Fries
Apple Slices
Mandarin Oranges

12

EARLY DISMISSAL
NO LUNCH SERVED

19

MANAGER'S CHOICE

26

NO SCHOOL

A La Carte

Veggie Pizza
Cheese Pizza
Cottage Cheese
Yogurt
Chips
Granola Bars
Bottled Water
Flavored Water
Gatorade
Izze Juice
Tropicana Juice
Ice Cream
Bottled Milk
Extra items or seconds

Salad bar and soups are part of the menu. Salad bar is available daily which includes romaine salad, spinach, broccoli, cauliflower, chickpeas, celery, cucumbers, shredded cheese, tomatoes, sunflower seeds, red onions, whole grain crackers, shredded carrots, and low fat salad dressings. Salad bar menu may vary on a daily basis. When potato or vegetable soup are offered they may count toward a vegetable serving.

Did you know?
The Winter Solstice marks the start of winter. It falls on December 21st this year.