

AUGUST 2015

Auburn High School Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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Waffles
Grilled Cheese Sandwich
Beef and Noodles
Broccoli Salad
Green Beans
Orange Slices or
Pineapple

Tornado
Chicken Fajitas
Sloppy Joe
Red Pepper Strips
Carrots
Watermelon or Pears

French Toast Sticks
Nacho Grandes
BBQ Pork Sandwich
Mexican Bean Dip
Corn
Grapes or Mandarin
Oranges

Egg Sandwich
Lasagna/Roll
Sliced Turkey/Roll
Peppers/Tomatoes
Mashed Potatoes
Banana or Peaches

Breakfast Pizza
Pork Tenderloin Sandwich
BBQ Chicken Wings
Creamy Cole Slaw
Baked Beans
Apple Slices or Mixed Fruit
Chocolate Cookie

Breakfast Wrap
Turkey Bacon Flatbread
Cheesy Bread
Marinated Vegetable
Salad
Peas
Cantaloupe or Apricots
Apple Spice Cake

Pancakes
Philly Cheesesteak Wrap
Chicken Strips/Biscuit
Carrots
French Fries
Applesauce
Apricots

Fruit/Yogurt Parfait
Breaded Ravioli
Chicken and Noodles
Celery Sticks
Mixed Vegetables
Strawberries
Peaches

Breakfast items available on a daily basis include cold cereal, nonfat milk (Flavored or unflavored) or 1% milk (unflavored), toast, fruit, and juice
Nonfat milk (flavored or unflavored) or 1% milk (unflavored) is available daily at lunch

Salad bar is available daily which includes romaine salad, spinach, broccoli, cauliflower, chickpeas, celery, cucumbers, shredded cheese, tomatoes, sunflower seeds, red onions, whole grain crackers, shredded carrots, and low fat salad dressings.
Salad bar menu may vary on a daily basis.

DID YOU KNOW...

THE BIRTH FLOWERS FOR AUGUST ARE THE GLADIOLUS AND THE POPPY.