

# Auburn High School Menu

# AUGUST 2014

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**DID YOU KNOW?**

"If you say you can or you can't, you are right either way." Henry Ford

1

NO SCHOOL

4

NO SCHOOL

5

NO SCHOOL

6

NO SCHOOL

7

NO SCHOOL

8

NO SCHOOL

11

NO SCHOOL

12

NO SCHOOL

13

NO SCHOOL

14

NO SCHOOL

15

NO SCHOOL

18

NO SCHOOL

19

NO SCHOOL

20

**Breakfast Wrap**

Horseshoe  
Chicken Fajitas  
Marinated Vegetable Salad  
Carrots/Dip  
Watermelon  
Applesauce

21

**French Toast Sticks**

Ravioli  
Sliced Turkey  
Pasta Salad  
Corn  
Cantaloupe  
Peaches  
Whole Grain Roll

22

**Pancakes**

Chicken Nuggets  
Turkey Bacon Flatbread  
Red Bean Salad  
Green Beans  
Grapes  
Pears  
Oatmeal Cookie

25

**Omelet/Hashbrowns**

Chicken and Noodles  
Hamburger/ Bun  
Green Peppers/Dip  
Mixed Vegetables  
Apple Slices  
Pineapple

26

**Tornado**

Fish Filet /Bun  
Pork Tenderloin/ Bun  
Cucumber Salad  
Mashed Potatoes/Gravy  
Strawberries  
Mandarin Oranges

27

**Waffles**

Spaghetti  
Chicken Patty/Bun  
Broccoli Salad  
Green Beans  
Kiwi  
Mixed Fruit  
Whole Grain Roll

28

**Muffin**

Grilled Chicken  
Sloppy Joe  
Rice  
Peppers/Tomatoes/Dip  
Carrots  
Orange Slices  
Apricots

29

**Fruit/Yogurt Parfait**

Cheese Quesadilla  
Sliced Ham  
Salad With Cucumbers  
Baked Beans  
Banana  
Applesauce  
Triple Berry Buckle

Salad bar is available daily which includes romaine salad, spinach, broccoli, cauliflower, chickpeas, celery, cucumbers, shredded cheese, tomatoes, sunflower seeds, red onions, bacon bits, whole grain crackers, shredded carrots, and low fat salad dressings. Salad bar menu may vary on a daily basis

Breakfast items available on a daily basis includes a variety of cereal, nonfat milk (flavored or unflavored) or 1% milk (unflavored), toast, fruit, and juice. Nonfat milk (flavored or unflavored) or 1% (unflavored) is available daily at lunch