

MONDAY

DID YOU KNOW?

Robert Frost was born on March 26, 1874 and died on January 29, 1963 at the age of 88.
 "The sun was warm but the wind was chill. You know how it is with an April day."
 Robert Frost

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

6

NO SCHOOL

7

Tornado
 Chicken Quesadilla
 Hamburger
 Carrot Sticks
 Tator Tots
 Banana
 Mandarin Oranges

8

Pancakes
 Meatloaf
 Fiesta Chicken Wrap
 Celery Sticks
 Mashed Potatoes
 Kiwi
 Mixed Fruit

9

Muffin
 Grilled Chicken
 Turkey Deli Wrap
 Wild Rice
 Red Pepper Strips
 Green Beans
 Strawberries
 Pineapple

10

Breakfast Pizza
 Horseshoe
 Fish Sandwich
 Creamy Coleslaw
 Corn
 Watermelon
 Pears
 Brownie

13

Waffles
 Chicken Nuggets
 Corn Dog
 Macaroni and Cheese
 Cucumber Salad
 Baked Beans
 Orange Slices
 Applesauce

14

Tornado
 Bosco Sticks
 Chicken and Noodles/Breadstick
 Broccoli Salad
 Peas
 Apple Slices
 Apricots

15

French Toast Sticks
 Spaghetti/Breadstick
 Chicken Sandwich
 Peppers/Tomatoes
 Carrots
 Cantaloupe
 Peaches

16

MANAGER'S CHOICE

17

Breakfast Wrap
 Soft Taco
 Cheese Quesadilla
 Red Pepper Strips
 Corn
 Grapes
 Mandarin Oranges
 Apple Spice Cake

20

Fruit Yogurt Parfait
 BBQ Chicken Wings
 Cheesy Bread
 Wild Rice
 Broccoli Salad
 Carrots
 Banana
 Mixed Fruit

21

Tornado
 Chili/Crackers
 Chicken Fajita
 Peppers/Tomatoes
 Oven Brown Potatoes
 Kiwi
 Pineapple

22

Pancakes
 Lasagna
 Sliced Turkey
 Hot Roll
 Carrot Sticks
 Mashed Potatoes
 Strawberries
 Pears

23

Muffin
 Pork Tenderloin Sandwich
 BBQ Chicken Sandwich
 Cucumber Salad
 Green Beans
 Grapes
 Applesauce

24

Breakfast Pizza
 Chicken Bacon Flatbread
 Meatball Sub Sandwich
 Celery Sticks
 Peas
 Watermelon
 Apricots
 Chocolate Chip Cookie

27

Waffles
 Cheese Quesadilla
 Chicken Strips/Biscuit
 Creamy Cole Slaw
 French Fries
 Apple Slices
 Peaches

28

Tornado
 Bosco Sticks
 Sloppy Joe
 Marinated Vegetable Salad
 Carrots
 Orange Slices
 Pineapple
 Triple Berry Buckle

29

French Toast Sticks
 Nachos Grandes
 BBQ Pork Sandwich
 Mexican Bean Dip
 Corn
 Banana
 Mixed Fruit

30

MANAGER'S CHOICE

A La Carte

- Veggie Pizza
- Cheese Pizza
- Cottage Cheese
- Yogurt
- Chips
- Granola Bars
- Bottled Water
- Flavored Water
- Gatorade
- Izze Juice
- Tropicana Juice
- Ice Cream
- Bottled Milk
- Extra Items or second portions

School News

Salad bar is available daily which includes romaine salad, spinach, broccoli, cauliflower, chickpeas, celery, cucumbers, low fat shredded cheese, tomatoes, sunflower seeds, red onions, whole grain crackers, shredded carrots, and low fat salad dressings. Salad bar menu may vary on a daily basis.

Breakfast items available on a daily basis include cold cereal, nonfat milk (flavored or unflavored) or 1% milk (unflavored), toast, fruit and juice. Nonfat milk (flavored or unflavored) or 1% (unflavored) is available daily at lunch.