

# Auburn K-8 Menu

# November 2014

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Waffles</b> Chicken Nuggets Burrito Macaroni and Cheese Peppers/Tomatoes Sweet Potato Fries Banana Mixed Fruit	<b>Oatmeal Bar</b> Cheese Pizza BBQ Chicken on Bun Celery Sticks Baked Beans Cantaloupe Applesauce	<b>English Muffin</b> Spaghetti/Breadstick Chicken Patty on Bun Salad With Cucumbers Carrots Watermelon Pineapple Sugar Cookie	NO SCHOOL	NO SCHOOL
<b>French Toast Sticks</b> BBQ Chicken Wings Mini Corn Dogs Marinated Vegetable Salad Tator Tots Grapes Pineapple	<b>Fruit/Yogurt Parfait</b> Pizza Sticks Hamburger on Bun Green Pepper Strips Baked Beans Apple Slices Pears	<b>Breakfast Pizza</b> Lasagna/Breadstick Chicken Quesadilla Mixed Greens Salad Corn Orange Slices Peaches Chocolate Chip Cookie	<b>Tornado</b> Hot Ham and Cheese Chicken Fajitas Broccoli Green Beans Banana Mixed Fruit	MANAGER'S CHOICE
<b>Waffles</b> Baked Fish Shapes Beef and Noodles Peppers/Tomatoes Baked Beans Watermelon Pineapple	<b>Oatmeal Bar</b> Cheese Pizza Chicken Patty on Bun Celery Sticks Corn Apple Slices Mandarin Oranges	<b>English Muffin</b> Nachos Grandes BBQ Pork on Bun Salad With Cucumbers Green Beans Grapes Pears	<b>Tornado</b> Cheese Quesadilla Sloppy Joe Red Pepper Strips Peas Banana Peaches	<b>Omelet/Hashbrowns</b> Cheesy Bread Breaded Ravioli Carrot Sticks Mixed Vegetables Orange Slices Apricots Jello Cake
<b>French Toast Sticks</b> Chicken Strips Philly Beef Wrap Salad With Cucumbers French Fries Banana Mixed Fruit	<b>Fruit/Yogurt Parfait</b> Pizza Sticks Chicken and Noodles Green Pepper Strips Carrots Cantaloupe Applesauce Brownie	<b>Breakfast Pizza</b> Sliced Turkey/Roll Soft Taco Mashed Potatoes Green Beans Watermelon Pineapple	NO SCHOOL	NO SCHOOL

Low fat ranch dip is available when fresh vegetables are served. Condiments such as ketchup, mustard, and taco sauce, are available on the condiment bar based on the menu.

Breakfast items available on a daily basis include cold cereal, nonfat milk (flavored or unflavored) or 1% milk (unflavored), toast, fruit and juice. Nonfat milk (flavored or unflavored) or 1% (unflavored) is available daily at lunch.

## Did you know?

Veterans Day is intended to celebrate and honor **every** soldier, present or past, living or dead, for his or her service in the military. We, as citizens, should take great and deliberate care to express our gratitude for their service and sacrifice.